

Carla Friend, M.A., LMFT
Individual Therapy & Co-Parenting
Counseling & Mediation Services

EDUCATION

National University, Sacramento, CA M.A. Counseling Psychology, Marriage and Family Therapy	2013
National University, Sacramento, Ca B.A. Psychology	2011

LICENSES

Marriage and Family Therapist, California License 106019

PROFESSIONAL EXPERIENCE

Private Practice Clinician	2012 - Present
Mediation Services	2019 - Present

MEDIATION TRAINING

Domestic Violence Update Training 4 Units	January 2022
AFCC 58th Annual Conference: When a Child Rejects a Parent: Are We Part of the Problem or the Solution 34.5 Units	June 2021
14th Symposium on Child Custody, The Future of Child Custody: Stacking the Deck in Favor of Children	November 2020
Child Custody Evaluation Training for Mental Health Professionals 40 Units	May 2019
Child Custody Mediator/CCRC Training 40 Units	October 2019
Advanced Domestic Violence Training 16 Units	October 2018

CONTINUING EDUCATION (Partial Listing)

Suicide Intervention, Assessment and Intervention 6 Units	December 2021
Shared Parenting Support Program	December 2021
California Telehealth Law	December 2021
Telehealth Law and Ethics	December 2021
Social Media Ethics for Mental Health Professionals.	December 2021
Ethics: Reconsidering Dual Relationships	December 2021
Ethics: Self-Disclosure in Therapy	December 2021
Helping Anxious Kids: Anxiety Treatment for Children & Adolescence	April 2020
Kids in the Crossfire if Divorced and Blended Families: Interventions for Anxious, Depressed and Oppositional Children	November 2019
Family Law 101 and Mental Health Professionals Law and Ethics	March 2019 July 2018
Positive Discipline for Teens	December 2018
Early Interventions in High-conflict Shared Parenting Cases Studies.	October 2018
High Conflict Families: Early Identification and Intervention Options	October 2018
Introduction to Family Court Forensic Mental Health Work	April 2018

Facilitating Growth in Children through Child-Centered Play Therapy
The Attachment Puzzle
Short-term Effective Youth Trauma Treatment
Introduction to Sandtray Therapy

May 2018
January 2015
September 2014
July 2014

PROFESSIONAL ASSOCIATION MEMBERSHIPS

California Association of Marriage and Family Therapist - Clinical Member
Sacramento Valley Chapter of CAMFT - Clinical Member
Association of Family and Conciliation Courts

SUBJECT FLUENCY

High Conflict Custody Cases
Mediation Prep
Family Systems
Children and Divorce
Blended Families
Parenting
Step-parenting
Co-Parent Counseling
Conflict Resolution
Child Therapy
Parenting Adolescences and Teens
Divorce Recovery
Anxiety in Children and Teens
Play Therapy
Sandtray Therapy
Anxiety for Children, Adolescence and Teens